

Cyberbullying

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Cyberbullying might destruct the life of somebody. Cyberbullying could happen to anyone in this world, as there are millions of individuals who use social network sites like Twitter, Facebook or Instagram in order to talk or stalk people. There are quite different definitions of cyberbullying. Most of the individuals thought that teenagers are the only age group of individuals that make fun of other people, and it is true to some extent, though, there is far much than this thought. Cyberbullying is when a kid, preteen or teenager is threatened, humiliated, embarrassed, harassed or otherwise targeted by other kid, preteen or teenager using the means of internet and digital tools or mobile devices (Shiple & Steinmetz, 2019). In this paper, the reasons for cyberbullying as well as the solutions to avoid this problem are discussed.

The Internet has developed a huge influence in the daily life of many people. People utilize it for looking for information regarding various things, for the shop, listening to music or playing an online video game. Even now the internet is with people all the time because smartphones have internet. One of the foremost reason people of using the internet is people want to meet new friends and communicate on social media platforms (Shiple & Steinmetz, 2019). These platforms include Twitter or Facebook. Cyberbullying is possibly the wickedest to bully somebody. Not only apprentices from their own institute would embarrassed, humiliated and numerous other things to that person (Shiple & Steinmetz, 2019). Every single youngster or adult might make fun of another individual if they want to bully him or her. To be alienated and bullied and from the entire world is not a good feeling. It is disheartening and the sufferers feel like that everyone dislikes them. However, they do not merely get intimidated on the web. Most of the victims also get intimidated in person.

There are essentially two foremost reasons for youths to bully other individuals. One of the reasons is when someone is popular and famous at school. They may humiliate other individuals in order to stay popular. The other apprentices think as the popular child is doing this act they also must start humiliating or bullying the victim (Yar & Steinmetz, 2019). Hence the popular youngster has the entire school besides one individual. Hurting other individuals make them additional powerful. The second reason is somebody who is less socially effective and desires to be acknowledged by their cliques and peers (Yar & Steinmetz, 2019). They do not catch enough admiration from someone else. Therefore, by bullying someone they are expecting that they would get the admiration from others. Similarly, they do not actually understand the feeling of the victim when he or she gets terrorized.

There might be other reasons like the student might have an issue with his or her parents so he or she let his or her anger out on other apprentices, or that a student is depressed as he or she cannot acquire what he or she wants. The foremost reason why they humiliate is as they are interested in making the victim feel better about their self. It is quite easy to cyberbully someone (Yar & Steinmetz, 2019). A person might humiliate someone on the web without having the info that who the bully is. Individuals make forged accounts or post pictures and videos about somebody and might be totally hated about it and an entire world of the internet may easily see it. Cyberbullying might be able to get out of hand certainly fast. Even if this is not a purpose of the bully to worsen the situation, the affluence of posting, reposting, and blowing the flames resources the situation may easily cultivate much greater than anybody ever supposed it could. What's further, oftentimes the images and videos stay in the internet always, an archived prompt of spite and hatred (Longe, 2014). There are regularly choruses of "just shut down the computer and simply walk away!"

Regrettably, in this time and age individuals need to be connected, even on social communication platforms, for their livelihoods and jobs, as well as in order to remain in connection with family adherents (Longe, 2014). children need to be capable of getting online in order to do projects and homework. Just hiding away is not going to explain anything, which sorts online harassment and cyberbullying and even additional omnipresent. Online bullying and Cyberbullying might often have grim consequences for the sufferer. Strategies include possessions like doxing, which contains publishing particulars of the life of a person which might include the place of work or address of a person without the consent of him or her (Longe, 2014). Imping contains impersonating the target with an intention to humiliate the people, while exclusion contains posting about stuffs the sufferer is decisively being excluded from (Longe, 2014). Burning is starting influences and using unmannerly language, whereas happy smacking is the tactic whereby destructive images and videos of the person are posted online in order to embarrass the person.

There are a few of the things that a victim must not do. A victim or a bullied person must never come to the level of the bully and talk wicked about him or her as that is what the bully wants. The bully would always find somewhat against a victim. Similarly, do not forward posts from the oppressor (Yar & Steinmetz, 2019). It might make the issue worse as one cannot know how far-off a message or mail chain may go. One huge fault some victims do is trusting the oppressor and thinking it is correct what the bully says about him or her. The bully only wants to break the self-esteem of his or her victim.

It is really imperative to do the correct thing if a person is in a situation similar to that. If a person does not do something about it and simply bear the attacks from the bully, then a victim might end up being disheartened and do not sense like it is significant to live any longer as everyone hates him or her. There is a difference amongst cyber harassment and

cyber bullying. The primary difference amongst them is age. If the victim and bully both are of less age it is called bullying, However, if the victim as well as bully both are adult. It is said to be cyber harassment (Longe, 2014). Purposes for the either circumstances vary broadly and might include misdirected anger, boredom or sadistic inclination in hurting others. Cyberbullying is also abundant more probable to be perpetrated by somebody the sufferer knows well. Children are 7 times more expected to be bullied by existing or former associates (Longe, 2014). Nearly the opposite is true of grownups who are cyber harassed, further than the third are harassed by individuals they do not know, and just underneath the third are harassed by individuals who are disguising their personalities (Longe, 2014). It is quite easy for a bully to humiliate anyone on any online platform by hiding his or her name. The bully can say a lot of things without any fear in an online message rather than saying in person or face. The humiliating content about the victim is always on the internet. It would stay in the mind of people for a quite longer time as they often see the content in social media platforms. This is a huge embarrassment for a victim of bullying. Rather than facing it victim choose isolation and in extreme cases, they commit suicide. This is the reason why cyberbullying is more dangerous than common bullying. Since the sufferers are at times too afraid to tell their own parentages. So there are few tips a parent can follow to understand their children. There are a few symptoms. One of the symptoms is that maybe kid behaves differently and does not follow his or her routine any longer like sleepless nights or oversleeping, waking early or too late, or the teenager does not have any desire of hanging out to with his or her friends anymore.

Similarly, if the parents see that their child is being humiliated at school might be an indication of cyberbullying as like many abusers don't just stopover bullying even after the end of school. These days most children have internet and phones and have Facebook or Twitter account. So they might be able to harass the victim every single time. Another

indication is low-esteem and low confidence (Kaakinen et al., 2018). If the teacher or parents observe that the child has low confidence and he or she thinks wicked about them self the entire time, then the parents must start discerning about what is erroneous with their kid. When a kid gets certainly violent all off sudden, is also an indication (Kaakinen et al., 2018). One other indication is low marks. The sufferer loses concentration on school and her or his scores are getting shoddier. Of course, there are numerous other symptoms and signs for cyberbullying (Kaakinen et al., 2018). These may include the usage of drugs and alcohol, depression, skipping school. However, those are the foremost once. Parents must make sure that their kids may trust them with everything and then the kids would open up to the parents and tell what their delinquent is.

In general, cyberbullying turns out to be a huge problem all over the world. It hurts individuals and sorts them feel wicked about themselves and it is the wickedest way to humiliate and harass someone. Even celebs and stars notice it or had experienced this evil act. Demi Lovato was cyberbullied in her school (Kaakinen et al., 2018). Individuals were humiliating her in the school. Demi made a social media page that helps teenagers who have an issue with cyber harassment.

Cyberbullying could get so wicked that some teen gets disheartened and sometimes commit suicides as they do not observe an end in this. There is not abundant a person might do about cyberbullying as of the obscurity on the internet. However, there are few things a sufferer and friends and grownups might do to aid the sufferer and to stopover the evil act of cyberbullying. The victim might block the oppressor and disregard the irritation. Parents, instructors, and other adults might ask the bully to stopover and threatening him or her with informing the police about his or her abuse or mistreatment. These are the foremost points of ending it. However, individuals essentially need to ensure it and do not get scared of the

outcomes if they inform an adult or the friend for support. Words might hurt more than somatic bullying as contusions from the fight would won't stay last long however those wicked statements stay in the mind of the victim for a long time.

References

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